

Use these worksheets to note the key features of the Nutrition Care Process. You can access the eNCPT online tutorial for free here: <https://www.ncpro.org/404.cfm?fnc=/encpt-tutorials>

THE NUTRITION CARE PROCESS	
	Notes
Why was it developed?	
Who uses it?	
Key features	
Other notes	

Use these worksheets to note the purpose of each NCP step, and what is performed during each step. You can access the eNCPT online tutorial for free here: <https://www.ncpro.org/404.cfm?fnc=/encpt-tutorials>

NCP Step	Purpose	Steps
Assessment and Reassessment		
Diagnosis		
Intervention		
Monitoring and Evaluation		

# NCP Comparison Worksheet

Review what the Nutrition Care Process is, and as you review the definitions and key points of each of the 4 NCP steps, contrast how that process is applied to individuals receiving Nutrition Education versus Medical Nutrition Therapy. These NCP Comparison worksheets are designed to be used in conjunction with the Nutrition Care Process Study Smarter Method Study Guide. If you don't have the study guide, you can purchase it online at [www.studysmartermethod.com](http://www.studysmartermethod.com) when available or access the eNCPT online tutorial for free here: <https://www.ncpro.org/404.cfm?fnf=/encpt-tutorials>

<b>NCP FOR INDIVIDUALS</b>		
<b>NCP Step</b>	<b>Nutrition Education</b>	<b>MNT</b>
Assessment and Reassessment		
Diagnosis		
Intervention		
Monitoring and Evaluation		

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<b>NCP FOR GROUPS</b>		
<b>NCP Step</b>	<b>Nutrition Education</b>	<b>MNT</b>
Assessment and Reassessment		
Diagnosis		
Intervention		
Monitoring and Evaluation		